

Table of Contents

INTRODUCTION	5
PREFACE	7
TABLE OF CONTENTS	9
CHAPTER 1 - EXAMPLES OF ABUSE	11
■ VERBAL ABUSE	11
■ EMOTIONAL ABUSE	16
■ PHYSICAL ABUSE	27
■ SEXUAL ABUSE	30
■ MENTAL (PSYCHOLOGICAL) ABUSE	35
■ ABUSE OF AUTHORITY OR POWER	39
■ MANIPULATION	43
■ SOCIAL AND CULTURAL ABUSE	45
■ SELF-CENTEREDNESS	47
CHAPTER 2 - A PROPHECY OF ABUSE	51
■ WHAT PAUL IS TALKING ABOUT	52
■ ABUSE DESCRIBED IN DETAIL	56
■ WHAT DOES ALL THIS MEAN?	68
CHAPTER 3 - PROGRESSIONS OF ABUSE	71
■ TURNING POINTS - CROSSING A LINE	71
■ REWARDS, HOPES AND EXPECTATIONS OF ABUSE	75
■ PHASES OF CONTROL	78
■ BREAKING POINTS	80
■ CHARACTER DECAY IN AN ABUSER	81
CHAPTER 4 - TRADITIONALLY SUSPECTED CAUSES	85
■ CONTROL	85
■ INSECURITY AND ABUSE	87
■ LOW SELF-ESTEEM	88

10 A Christian's Perspective Of Abuse

■ CHILDHOOD ABUSE	89
■ ANGER	92
■ OBJECTIFICATION OF OTHERS	95
■ CODEPENDENCY	97
■ EXPECTATIONS	99
■ PRIDE	100
■ MISOGYNY - WOMEN HATING	100
■ DISTORTED IMAGES OF GOD	100
■ NARCISSISM	101
■ OBSESSIONS	101
■ ADDICTIONS	104

CHAPTER 5 - ADDITIONAL CAUSES **107**

■ LACK OF COMMITMENT TO THE LORD	107
■ PRIORITIES OUT OF ORDER	110
■ STRESS	114
■ EMOTIONAL CONFLICTS AND ANGER	115
■ A MIND OUT OF CONTROL	117
■ A TEMPLE IN DISREPAIR (POOR HEALTH)	121
■ MOOD ALTERING SUBSTANCES	125
■ SELFISHNESS AND SIN	128

CHAPTER 6 - INSIDE THE ABUSER **139**

■ HE'S A HUMAN BEING	139
■ THE RESULTS OF HIS SINFUL LIFE	141
■ A COMPOUNDED PROBLEM	144
■ SELF-PITY AND THE ABUSER	150
■ THE CONFUSION OF AN ABUSER	152
■ EMOTIONAL SHUTDOWN - HARD-HEARTEDNESS	154
■ STEREOTYPES AND LABELS	158

INDEX **162**
